

Primary Education Center

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NOVEMBER 2019

HAPPY
 THANKSGIVING!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Daylight Savings Time Ends 	4  Reading Celebration Author Visit Day 1	5 Day 2	6 Day 3	7  PEC Picture Retake Day Day 4	8 Day 1	9
10	11 Veteran's Day District Closed	12 Day 2	13 Day 3	14 Day 4	15 Day 1	16
17	18 Day 2	19 Board of Education Meeting 6:00 p.m. CRC Board Rm Day 3	20 Day 4	21 Veteran's Day Celebration— First Grade 2:00pm-2:30pm Day 1	22 Faculty Data Day—No Student Attendance	23
24	25 Thanksgiving Feast UPK at 10:45am Day 2	26 Thanksgiving Kindergarten at 2:00pm Day 3	27 THANKSGIVING RECESS DISTRICT CLOSED	28	29	30



HABITAT

Imagine that!

November Greetings from Mrs. Larson, Principal

We are looking forward to our upcoming December Parent Teacher conferences as the conclusion of our first trimester is an important time to check in on your child's progress. The first trimester ends on December 6, 2019. These intentional dialogues are opportunities for families and schools to take on the shared responsibility for a child's learning and academic success. Your child's teacher is available to conference with you throughout the school year to meet the individual needs of your family. Information will be forthcoming to you on how to schedule your conference time.

Conferences give parents and teachers a private setting to review your child's strengths and opportunities for growth. As a parent, you are your child's first and most important teacher. Schools and parents embrace a common goal: *both want your child to be successful academically, socially and emotionally.* When parents and teachers communicate with each other, each person can share unique information about the child's assets and needs. You will also have the opportunity to learn something new about the way your child learns and interacts with the school environment. These shared understandings are mutually helpful in shaping the instructional program for the individual needs of your child.

I encourage parents to make individual appointments with special area teachers in the areas of *Physical Education, Art, Music, Chinese, Library Media and Enrichment.* Related Service teachers (Occupational and Physical Therapists, Speech Pathologists, and Social Worker) may also be requested to join your teacher conference time or at another appointment time. These programs strengthen your child's overall achievement in school. Do not miss out on an opportunity to know your child's whole program that will ultimately influence their educational journey, leading to a career path.

We look forward to meeting every one of you. Thank you for your support.

Parent/Teacher Conference Date

- Friday, December 13th - Conferences by Appointment

NO SCHOOL FOR STUDENTS ON 12/13/19

WE APPRECIATE YOU!



A Bus Driver Appreciation Breakfast was held on October 17 to honor the men and women who safely transport our children to and from school each day. The drivers enjoyed a breakfast while being entertained by songs, letters, poems and instrumental performances. You are the first kind face our students see at school. Thank you bus drivers for keeping our children safe.





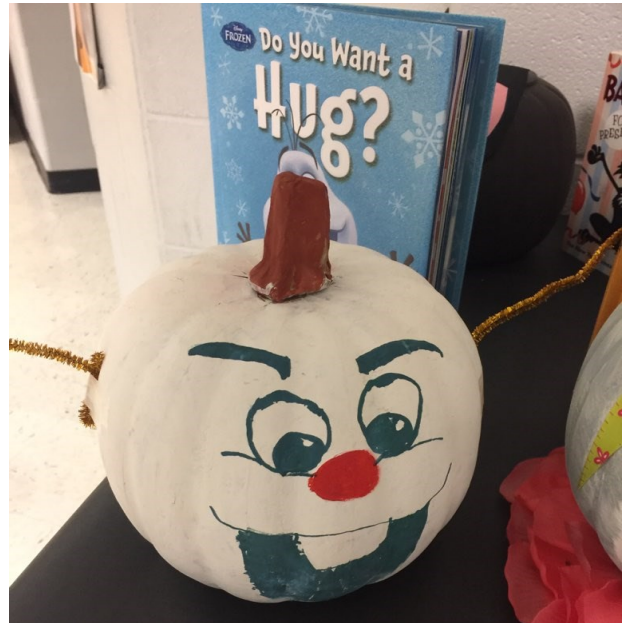
Fall Fun Run 2019

The Fun Run was a great success this year and as a community we raised over \$34,000. This money will go directly back to the students and the school. Once the students at the PEC raised a certain amount, they were able to mummify some of our brave staff members. To the right, it is hard to identify her, but Mrs. Kazulak was the winner of the mummy contest.





Our first graders at the PEC have been learning about characters in stories. We celebrate this season with our creative character pumpkins. Each student chose a book to read with their family and created the main character. They are on display in our main hallway for all students at the PEC to enjoy.





Alayna in library
matching a library
book!

Choose Adoption!

Officer Bob's friend, Cliff visited the PEC recently. He is a two-year old lab mix looking for a forever home. If you are looking for an forever furry friend, stop by the Niagara SPCA .



HALLOWEEN FUN WITH MR. HAYS AND MS. SANOIAN IN THE GYM





If Our Walls Could Talk



Keep your kids safe. Get their flu shots every year.

The Flu: A Guide for Parents

Is the flu more serious for kids?	Infants and young children are at greater risk for getting seriously ill from the flu. That's why the New York State Department of Health recommends that all children 6 months and older get the flu vaccine.
Flu vaccine may save your child's life.	Most people with the flu are sick for about a week, and then they feel better. But, some people, especially young children, pregnant women, older people, and people with chronic health problems can get very sick. Some can even die. An annual vaccine is the best way to protect your child from the flu. The vaccine is recommended for everyone 6 months and older every year.
What is the flu?	The flu, or influenza, is an infection of the nose, throat, and lungs. The flu can spread from person to person.
Who needs the flu shot?	<ul style="list-style-type: none">• Flu shots can be given to children 6 months and older.• Children younger than 9 years old who get a vaccine for the first time need two doses.
How else can I protect my child?	<ul style="list-style-type: none">• Get the flu vaccine for yourself.• Encourage your child's close contacts to get the flu vaccine, too. This is very important if your child is younger than 5, or if he or she has a chronic health problem such as asthma (breathing disease) or diabetes (high blood sugar levels). Because children under 6 months can't be vaccinated, they rely on those around them to get an annual flu vaccine.• Wash your hands often and cover your coughs and sneezes. It's best to use a tissue and quickly throw it away. If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands. This will prevent the spread of germs.• Tell your children to:<ul style="list-style-type: none">• Stay away from people who are sick;• Clean their hands often;• Keep their hands away from their face, and• Cover coughs and sneezes to protect others.
What are signs of the flu?	The flu comes on suddenly. Most people with the flu feel very tired and have a high fever, headache, dry cough, sore throat, runny or stuffy nose, and sore muscles. Some people, especially children, may also have stomach problems and diarrhea. The cough can last two or more weeks.

How does the flu spread?	People who have the flu usually cough, sneeze, and have a runny nose. The droplets in a cough, sneeze or runny nose contain the flu virus. Other people can get the flu by breathing in these droplets or by getting them in their nose or mouth.
How long can a sick person spread the flu to others?	Most healthy adults may be able to spread the flu from one day before getting sick to up to 5 days after getting sick. This can be longer in children and in people who don't fight disease as well (people with weaker immune systems).
What should I use to clean hands?	Wash your children's hands with soap and water. Wash them for as long as it takes to sing the "Happy Birthday" song twice. If soap and water are not handy, use a hand sanitizer. It should be rubbed into hands until the hands are dry.
What can I do if my child gets sick?	Make sure your child gets plenty of rest and drinks lots of fluids. Talk with your child's doctor before giving your child over-the-counter medicine. If your children or teenagers may have the flu, never give them aspirin or medicine that has aspirin in it. It could cause serious problems.
Can my child go to school or day care with the flu?	No. If your child has the flu, he or she should stay home to rest. This helps avoid giving the flu to other children.
When can my child go back to school or day care after having the flu?	Children with the flu should be isolated in the home, away from other people. They should also stay home until they have no fever without the use of fever-control medicines and they feel well for 24 hours. Remind your child to protect others by covering his or her mouth when coughing or sneezing. You may want to send your child to school with some tissues, and a hand sanitizer, if allowed by school.

For more information about the flu, visit
health.ny.gov/flu

Or, www.cdc.gov/flu
Centers for Disease Control and Prevention



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